Page 6, Thursday, June 17, 1999

News for Southern Colorado County, Texas — The Eagle Lake Headlight

Area schools announce perfect attendance awards

grading period of the 1998-99 school year unless otherwise noted.

EAGLE LAKE MIDDLE SCHOOL

Jalissa Burton, Sandra Cardenas, Sabrina Cavazos, Christopher Cordova, Ray'Meisha Kuykendall, Alejandro Lozano, Alberto Lozano, Krystle Ma-Saurez, Christopher Supak, John White, Sabrina White.

The following are perfect atten- Supak, Matthew Supak Fermina Tavdance awards for the final six-week era, Desiree Toliver, Reginald Willis. phen Aguilar, Miguel Arellano, Joe Donivon Parker, Marco Rivera, Terri Fifth grade: Ruth Austin, Ashley

Banks, Paul Barrow, Jayson Batiste, Jessica Black, Rafaela Castaneda, Alfonso Castillo, LaJoya Coats, Erika Esparza, Jesus Flores, Derrick Fra-Fourth grade: Clayton Bewen, zier, Carlos Galvan, Alezandrya Garcia, Anthony Johnson, Michael Johnson, Heather Kieborz, Trent Kuch-Amador Elizondo, LaTonya Foster, erka, Guillermo Lopez, Priscilla Lo-Shavonnie Foster, Jonathan Galvan, zano, Lorenzo Mariscal, Grecia Mo-Eloiza Granillo, Jasmine Hemphill, lina, Lorenzo Morales, Michael Morales, Kevin Phynon, Misty Posada, David Ramirez, Nora Rangel, Robert son, Yazmin Mendoza, Anthony Salinas, Sierra Samora, Edricka Tho-Parker, Shawn Politsch, Diana Posa- mas, Ka'Shonda Tillman, Christoda, Kiara Roy, Aristeo Saucedo, Pablo pher Torres, Eder Valdez, Marina

Brown, Nicholas Conejo, Emerson Dawson, Susana Delgado, Jose Samora, J.R. Sanchez, Matthew Sosa, Elizondo, Anthony Hemphill, Jeramie Hemphill, Charles Huffman, Melanie Ishee, Keaundra Long, Ana Marquez, Gary McTear, Marco Mendoza, Arturo Morales, Jennie Morgan, Francisco Najera, Ashley Parker, George Pierce, Beatriz Posada, Carmen Ramirez, Hugo Rivera, Beatrice Robert Hernandez, Mayra Marquez, Rodriguez, Kimberly Rodrgiuez, Jose Samaniego, Robert Scott, Rachelle Shorter, Savannah Spears, Rogers Tillman, Stephanie Tillman, Vanessa Villafuerte, Jameka White, Pablo Zambrano.

Seventh grade: Hillary Aguilar, Jacquita Burton, Tony Cardenas, Erra lafuerte. Cleveland, Vera Cleveland, Courtney Diggs, Arthur Flores, Josephine Franco, Irma Garcia, Russell Hadley, Branden Jenkins, Amanda Johnson, Thomas Lares, Michael Lujan, Roland Luna, David Marquez, Audra Marsalia, Gustavo Montalvo, Or- Foster, Jessica Godley, Krupa Hajari, lando Morales, Wayne Morgan, Rich- Jarrod Hemphill, Crystal Leal, Javier Johnson, Kourtney Korenek, Adam Eliazar Zepeda. ard Mullins, Jose Posada, Amanda Salinas, Adriana Sanchez, Cleve Scott, Jonathan Scott, Jasmine Smith, Candace Spears, Michael Spears, Kristen Stovall, Edward Thomas, Roger Toriz, Jessica Yanez, Kevin York.

Eighth grade: De'Yon Batiste, Amanda Burrow, Andrea Contreras, Nina Contreras, Laura Coronado, Ricky Cunningham, Samantha Ebarra, Ana Elizondo, Sara Foster, Victor Gonzalez, Jonathan Hassin, Janice Hemphill, Candance Maxie, Deborah McTear, Angelica Molina, Consuelo Montemayor, Lizette Pasohondo, James Phillips, Ebony Prince, Benito Rangel, Cesilio Reyes, Ricardo Rivera, Sandra Rodriguez, Yvonne Salas, David Sosa.

EAGLE LAKE PRIMARY SCHOOL

Pre-k: Jonovan Allen, Jacumuna Boone, Brian Cardenas, Raeneisha Colson, Terance Gartica, Crystal Leal, Christopher Lopez, Jazlynn Lujan, Chelsey McGrew, Michael Navarro, Mark Sosa, Brittany Vasquez.

Kindergarten: Ryan Casper, Abraham Castillo, Elizabeth Castillo, Aurelia Cavazos, Gustavo Esparza, Justin Garcia, Dylan Grace, Reyes Marquez, Destinee Mason, Diana Mendoza, Magdalena Mendoza, Ugo Mendoza, Robert Montiel, Greggory Joseph Mullins, Christopher Politsch, Javier Posada, Cynthia Quinney, Xavier Navarro, Yessica Rivera, Yadira Rodriguez, Kirstin Roper, Alejandro Roque, Christian Samaniego, Mark Sifuentes, Lindsey Sommer, MaChelsea Thomas, Alex Toloza, Jaquita Woods.

Sixth grade: Nicole Aguilar, Ste-Efrain Mendoza, Rodolfo Montiel, Leal, Destinee Mason, Allyson Mat-en Aguilar, Miguel Arellano, Joe Donivon Parker, Marco Rivera, Terri thys, Irving Molina, Gracie Navarro, Rodriguez, Jeremy Samora, Ronnie Dominique Tillman, Marquis Toliver, Kimberly Torres.

Third grade: Anthony Banks, Monica Barrow, Norma Stephanie Castillo, Yolanda Cisneros, Juanisha Cooper, D'Nitria Fuller, Jackie Garza, Jessica Godley, Jaclyn Gonzalez, Alexandra Morgan, Rogelio Montiel, Nathan Mullins, Hector Navarro, Drew Quinney, Anthony Ramirez, AnaCaren Rivera, Sergio Rodriguez, Luis Samaniego, Ismael Sauceda, Brandon Scott, Gary Scott, MaCesly Thomas, Jessica Torrez, Violette Vil-

Jonovan Allen, Anthony Banks, Jesse Castillo, Norma Castillo, Frank Cisneros, Juanisha Cooper, Deon Dabney, Jonathon Elledge, Zachery Elledge, Bruno Flores, Zacchae'us

Prefect Attendance All Year

Woods.

Donivon Parker, Javier Posada, Jontrell Pratt, Richard Quintana, Ana Caren Rivera, Marco Rivera, Kirstin Ashley Brown, Valencia Carter, Nel-Roper, J.R. Sanchez, Felice Smith, Carlos Sosa, Jocelyn Stovall, Joslyn Stovall, Michael Tavera, MaCesly Thomas, MaChelsea Thomas, Albert Vasquez, Zachary Vasquez, Jacquelin Vazquez, Brandon Walker, Marneikwa Woods, Zachary Yanez-Alvarez.

GARWOOD SCHOOL

Kindergaten: Hanah Besch, Erik Gold, Joshua Jurica, Brooke Popp, Michelle Smidovec.

First grade: Brittani Bartlett, Chloe Besch, Rachel Drlik, Kirbrina Robinson, Dylan Sanford, Terrance Shorter, Damian Stevens, Kenny Kretschmer, Chad Bittner, Kristyna Lobpries, Jar'Racus Reggins, Terris Shorter, Tanner Wishert, Jessica

Third grade: Jessy Besch, Hillary

Shimek, Darnesheia Stevens, Marisol Tapia, Daniela Tellez, Kevin Thompson, Roque Torres.

Fourth grade: Tony Vasquez, son Dabney, Jacob Engstrom, Mark Guthrie, Jasmine Jenkins, Ross Lobpries.

Fifth grade: Kristen Danklefs, Audrey Drlik, Jessica Engstrom, Micha Hoelscher, Malcolm Jenkins, Bridget Kaiser, Dane Krenek, Layne Perry, Cassidy Popp, Hunter Smith.

Sixth grade: Cody Bittner, Kaylyn Boenisch, Lauren Bufford, Keith Drlik, Laura Engsrom, Justin Fitzgerld, Frankie Guthrie, Michael Jaurez, Lupe Saenz, Maria Saenz, Jake Staff, Mandy Staff, Jamie Till.

Seventh grade: Russell Cranek, Sundraih Evans, James Johnson, Brittnea Williams, Jess Little, Morgan Perry, Jessia Allmond, Elizabeth Tapia, Rusty Moore.

Eighth grade: Aimee Bubela, Melissa Drlik, David Saenz, Erin Gold, Jesus Ortiz, Kenisha Wicks,

Garwood School presents student awards

Chad Bittner, Audrey Abell, Kristyna Reggins, Joey Rodriguez, Lauren Shimek, Jessica Woods.

Chavira, 1st; Jessica Lynn Walzer, art contest winner; Curtis Williams 2nd; Williesha Hampton, 3rd; U.I.L. Jr., Honor Roll, Student Council, participants: Shawanna Pettus, Jes- U.I.L.; Kayla Wishert, Science Fair sica Cruz, Sarah Saenz, Jessica Lynn winner, U.I.L. Walzer; perfect attendance: Chaston Shorter; Honor Roll: Jessica Lynn Walzer.

Third grade: Megan Bartlett, U.I.L., AR 1st place high point; Jessy Besch, U.I.L., Year-End Honor Roll; Hillary Johnson, 4th place U.I.L. ready writing, U.I.L. spelling, Science Fair 2nd place, Year-End Honor Roll; Kourtney Korenek, U.I.L., Year-End Honor Roll, AR high point 2nd place; April Pagel, U.I.L., Science Fair 1st place, Year-End Honor Roll; Adam Shimek, perfect attendance; Kacie Smith, 6th place U.I.L. story telling, 3rd place Science Fair, Year-End Honor Roll; Trey Staff, U.I.L., Year-End Honor Roll; Marisol Tapia, son Lanier, U.I.L., Student Council; Aly-Fair winner; Melanie Brown, Honor U.I.L., Year-End Honor Roll, perfect Honor Roll; Lupe Saenz, U.I.L., Stu- Roll, Student Council, U.I.L. particiattendance: Shelly Walker, U.I.L. First grade: Alan Arellano, Falin Fourth grade: Farah Ellenbogen, Honor Roll, U.I.L.; T.J. Danklefs, Honor Roll, U.I.L., 2nds place Science Fair; Ross Lobpries, Honor Roll, 3rd place Science Fair; Jacob Engstrom, Honor Roll, U.I.L., perfect attendance, 1st place Science Fair; Tony Vasquez, Honor Roll, U.I.L., perfect attendance; Mark Guthrie, U.I.L., perfect attendance; Jessica Till, U.I.L.; Nelson Dabney, U.I.L.; Ashley Brown, U.I.L., perfect attendance; Joe Zepeda, U.I.L.; Valencia Carter, per-fect attendance; Jasmine Jenkins, perfect attendance.

First grade: Accelerated Reader Student Council, 3rd place U.I.L. lis- Juarez, Honor Roll, perfect atten-(AR) High Point: Kari Mahalitc, 1st tening; Bridget Kaiser, Honor Roll, dance, 3rd place dictionary skills, AR place; Chloe Besch, 2nd; Matt 2nd place U.I.L. spelling; Dane Kre- high point 1st place, Outstanding Sci-Hoffman, 3rd; Science Fair winners: nek, Honor Roll, U.I.L., Student ence, cheerleader, Language Arts Dylan Sanford, 1st; Lauren Shimek, Council, PCF art contest winner; 2nd; Matt Hoffman, 3rd; perfect atten- Layne Perry, perfect attendance, Scidance all year: Tanner Wishert, Chad ence Fair winner, 3rd place U.I.L. Bittner, Jessica Woods; Honor Roll: music memory (MM); Cassidy Popp, Honor Roll, U.I.L., Student Council; Lobpries, Jordan Mahalitc, Jar'Racus Bryan Rodriguez, Honor Roll, 3rd place U.I.L. MM; Danny Shimek, Honor Roll; Hunter Smith, Honor Roll, 4th place U.I.L. oral reading; Second grade: Science Fair: Paul Chandyra Stovall, Honor Roll, PCF

> Sixth grade: Cody Bittner, perfect attendance, U.I.L.; Kaylyn Boenisch, perfect attendance, U.I.L., Honor Roll, Social Studies award; Lauren Bufford, perfect attendance; Laura Engstrom, Science Fair winner, U.I.L., perfect attendance, Honor Roll; Frankie Guthrie, U.I.L., AR high point 3rd place; Theresa Henry, Science Fair winner, U.I.L., Honor Roll; Kristi Johnson, Science Fair winner, U.I.L., Student Council, Honor Roll, AR high point 2nd place, Outstanding Bandsman, Language Arts award; Michael Juarez, Outstanding Bandsman; Aaron Labay, U.I.L.; Ashley dent Council, Honor Roll, AR high pant and winner, Science Fair winner, point 1st place; Maria Saenz, U.I.L.; Jamie Till, U.I.L., Student Council; Mandy Staff, Honor Roll. Seventh grade: Jessica Allmond, Student Council, cheerleader; Russell Cranek, Honor Roll, U.I.L.; Sundraih Evans, perfect attendance, U.I.L.; James Johnson, perfect attendance; Dustin Krenek, 4th place U.I.L. listening skills (LS); Jess Little, Student Council, perfect attendance, Honor Roll, 2nd place U.I.L. LS; Morgan Perry, Student Council, cheerleader; Derland Sanford, U.I.L.; Elizabeth Tapia, Honor Roll, Band Council, U.I.L., perfect attendance, cheerleader; Brittnea Williams, Honor Roll, perfect attendance, 2nd place U.I.L. ready writing, cheerleader,

award; Margie Leopold, Honor Roll, perfect attendance, U.I.L., Texas History award, Math award, AR high point 3rd place; Brandie Bartlett, Honor Roll, 3rd place U.I.L. spelling; Danielle Spanihel, Honor Roll, 4th place U.I.L. impromptu speaking, perfect attendance; Adrian Axel, Student Council, U.I.L., Outstanding Bandsman; Ella Edwards, U.I.L.; Reinbeaux Guthrie, U.I.L., perfect attendance; James Jurica, U.I.L., perfect attendance, All-Round Male Athlete, Science Fair winner; Rusty Moore, U.I.L.; Cynthia Torres, U.I.L.; Fabiola Vazquez, U.I.L., perfect at-tendance, Athlete with Outstanding Attitude award, Flag Corp.; Ashley Waligura, Science Fair winner, AR high point 2nd place.

Eighth grade: Erin Gold, Honor Roll, U.I.L. participant and winner, Science Fair winner; Leslie Woolard, Honor Roll, U.I.L., American History award; Aimee Bubela, perfect attendance, Honor Roll, Student Council, U.I.L. participant and winner, Outstanding Bandsman; Jessica Popp, Honor Roll, Student Council President, Band Council vice-president, twirler; Vanessa Johnson, Honor Roll, Student Council Vice-President, U.I.L.; Lauren Spanihel, U.I.L. 1st place winner, Honor Roll, Science Fair winner, Eliazar Zepeda, U.I.L.; Kenisha Wicks, Honor Roll, U.I.L., perfect attendance, Student Council Secretary, Band Council Treasurer; Amanda Kaiser, Honor Roll, Band Council President, U.I.L. participant and winner, Director's Award band, band assistant; Alma Tapia, U.I.L., cheerleader; Melissa Drlik, Most Improved Band award.

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Medicines and Diet Are Effective in Blood Pressure Control

The Framingham Heart Study is the longest ongoing health-related study in the US. According to the study, high blood pressure and heart enlargement in men has been reduced significantly since the 1950s due to the use of high blood pressure medicines. Earlier this year researchers reported that the incidence of high blood pressure in men had been reduced by 50% and the incidence in women was reduced even more. This is good news for the 50 million persons who have this condition.

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Blood pressure medicines such as diuretics (water pills) help eliminate sodium and water from the body. Calcium channel blockers relax the heart muscle by preventing the flow of calcium into tissues of the circulatory system. Beta blockers protect the heart from stimulation by adrenalin. ACE inhibitors block a chemical that causes blood vessel constriction.

Dietary approaches to blood pressure control include reducing sodium and alcohol and increasing dietary potassium. In a study published in Archives of Internal Medicine, a diet rich in vegetables and fruit, high in protein, and low in fat significantly lowered high blood pressure.

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PAYMENTS AS LOW AS

Braden, Alex Cardenas, J.D. Contreras, Juan Cortez, Deon Dabney, Christopher Dorsey, Corey Farrow, Michael Fore, Mario Hull, LaNia Jackson, Dynasty Johnson, Javier Leal, Herman Livingston, Patty Lujan, Juan Martinez, La'Dalrius Miller, Gracie Navarro, Brittany Parker, JonTrell Pratt, Sharae Pratt, Richard Quintana, Joe Quintana, George Rios, Marco Rivera, Carlos Sosa, Michael Tavera, Jerrell Thomas, Sareal Valdez, Zachary Vasquez, Zachary Yanez-Alvarez, Marneikwa Woods.

Second grade: Alejandro Cano, Garreth Casper, Ana Castillo, Jesse Castillo, Phillip Castillo, Valerie Honor Roll, perfect attendance, Stu-Cerna, Wayne Cisneros, Zachery Elledge, Bruno Flores, Zacche'us Foster, Dillan Gertson, Crystal Gon- winner, Honor Roll, 5th place U.I.L. Outstanding Bandsman, Texas Hiszalez, Katie Hassin, Jarrod Hemphill, listening; Jessica Engstrom, U.I.L., tory award; Ryan Henske, Honor Portia Livingston, LaKeisha Johnson, Prairie Chicken Festival (PCF) art Roll; Chad Mahalitc, Honor Roll, Pedro Lujan, Elizabeth Marquez, Al- contest winner; Layton Gold, Honor U.I.L.; Camille Staff, Honor Roll,

RESTAURANT

234-3071

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Fifth grade: Kristen Danklefs, dent Council, 4th place U.I.L. dictionary skills; Audrey Drlik, Science Fair lyson Matthys, Jerome McAfee, Roll; Katie Hoffman, Honor Roll, U.I.L., Science Fair winner; Dora

Decadent Desserts

Museum

Continued from Page 2

begin to arrange and update storage of their abundant information in a modern and easily retrievable system.

To accomplish all of these exalted aims, PEM is purchasing a proven package of museum software called Past Perfect. It costs several hundred dollars. This program will become available once PEM supporters come forward and donate \$25 to \$50 (pay-able to PEM) to help defray the cost. Believe your volunteer museum workers, it's a good deal!

Teachers

Continued from Page 3 Nelson.

35 years: Fred Grahmann.

Retirement plaques were presented to: Marie Glover, 29 years; Earline Botard, 20 years; Maggie Henderson, nine years; Charlene Lawson, 18 years; and Pauline Leopold, 15 years.

Smith complimented teachers on the improvement in scores reported on this year's TAAS test.

Door prizes were awarded.

The group then adjourned to their respective campuses to finish records and check-out.

It was evident that positive things are happening in the RCISD.

Did You Know...

•The first scheduled passenger airline service began in 1914, just 11 years after the invention of the airplane.

•The percentage of small cars sold in the U.S. has declined from 38.4% in 1987 to 27.3% in 1996.

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